



Sydney Spine and Pelvis Physiotherapy

COVID-19 Protocol for attending Practice for treatment

SSP Physiotherapy has put into place a series of measures for both staff and patients to assure we continue to provide a safe environment at Drummoyne against the spread of COVID – 19 or any other contaminants. That means that in order for you to safely access your treatment at our Drummoyne clinic we ask that you

- **Let us know immediately if you have a fever, cough, difficulty breathing or other upper respiratory symptoms or if you have been in contact with anyone with covid 19 in the past 14 days, or overseas in the past 14 days.** If this is the case you will be asked to cancel or re-schedule your appointment
- Put on clean clothes to come to the practice.
- **When arriving by car you are welcome to park in our disabled spot if you carry a disabled sticker or have prior approval from Dr Hungerford. Parking may be found in Thompson Street. If you are parked in the back without a disabled sticker you will be asked to move your car prior to your appointment.**
- Please come to the rear door just before your scheduled treatment time and knock to be let in. You will only be allowed to come in on your own; no children or carers. Also, only bring a minimum of your phone/ keys/ wallet as your personal belongings and clothes will be put into a zip lock bag while you are here.
- **Please bring your own mask** and wear it as you enter the building and for the whole time you are at Sydney Spine & Pelvis Centre. **NO MASK. NO WORRIES.** You can purchase one at Sydney Spine and Pelvis for \$3.00 (the money will be donated to Exodus for the care of the homeless in Sydney).
- On entering the building you will be asked to take your shoes off and put your keys, wallet and phone into a large zip lock bag that you can keep with you.
- Please then use our hand sanitiser or you may wash your hands if you prefer (for 20 seconds). Your temperature will be taken and recorded in your notes.
- You will then be taken to pay for your consultation prior to your appointment. Each consultation will be for 30 minutes unless a New Patient 1 hour appointment is organised
- You will then be shown to our rear treatment room and asked to take your outer clothes off and put these in your zip lock bag (you can keep underwear/ singlets on). Your treatment will then begin. Once treatment is finished we will let you get dressed and you may leave by the back door.
- All patients will be asked to wash their hands correctly if they use our bathroom facilities that are closest to the back door.
- All patients will be asked to use appropriate hygiene for coughing and sneezing and to use a tissue then throw it out if they need to blow their nose, then use hand sanitizer.

Thanks for your understanding and co-operation as we try to keep our environment safe for you to be treated.

Kind regards

Barb Hungerford.
Director , SSP Physiotherapy Centre