



June 2020 - Update COVID 19 Protocol

SSP Physiotherapy has put into place a series of measures for both staff and patients to ensure we continue to provide a safe environment at Drummoyne against the spread of COVID - 19.

That means that in order for you to safely access your treatment at our Drummoyne clinic we ask that you:

- **Let us know immediately if you have a fever, cough, difficulty breathing or other upper respiratory symptoms or if you have been in contact with anyone with COVID 19 in the past 14 days, or overseas in the past 14 days.** If this is the case you will be asked to cancel or re-schedule your appointment.
- You may now access the clinic via the front or rear door, but please arrive on your own; no children or carers. Mums with a Bub under 1 year old in a pram or car capsule are fine.
- **Please bring your own mask** and wear it as you enter the building and for the whole time you are at Sydney Spine & Pelvis Centre.
- On entering the building your temperature will be taken and recorded in your notes.
- Please then use our hand sanitiser or you may wash your hands if you prefer (for 20 seconds)
- You will be asked to sit in either our front waiting room or back waiting area. Social distancing is being adhered to. You might like to bring something to read as we do not have magazines any more.
- Once you are invited into the treatment room you will note all treating surfaces have been cleaned between each client and your physio will be wearing a mask and in-house uniform. Staff members are all being temperature checked too, and we are using hand sanitiser regularly throughout each appointment
- Once treatment is finished we will let you get dressed and you can then pay for your session and make further appointments.
- All patients will be asked to wash their hands correctly if they use our bathroom facilities that are closest to the back door. Bathrooms are cleaned regularly
- All patients will be asked to use appropriate hygiene for coughing and sneezing and to use a tissue then throw it out if they need to blow their nose, then use hand sanitizer.

Thanks for your understanding and co-operation as we try to keep our environment safe for you to be treated.

Our practice is now open:

Drummoyne: Monday to Friday from 8am to 6pm Tel: 9719.9114

St Leonards: Jay, Amy and Barb are now working at North Sydney Sports Medicine Tel: 9966.4700

Kind regards

Dr Barb Hungerford.

Director, SSP Physiotherapy Centre