

SSP Physiotherapy Revised COVID 19 Protocol for September 2020

SSP Physiotherapy has put into place a series of measures for both staff and patients to assure we continue to provide a safe environment at Drummoyne and St Leonards against the spread of COVID – 19 or any other contaminants. That means that in order for you to safely access your treatment at our Drummoyne clinic we ask that you

- **Let us know immediately if you have a fever, cough, difficulty breathing or other upper respiratory symptoms or if you have been in contact with anyone with COVID 19 in the past 14 days, a partner or child presently waiting for test results after COVID testing, or if you have returned from overseas or been to a hot spot venue in the past 21 days.** If this is the case you will be asked to confirm your COVID testing has come back negative, or asked to cancel or re-schedule your appointment until your results are clear.
- Normal access to the clinic has resumed. Mums or Dads may bring one child in a pram, stroller or car capsule if they need to. If you have extraordinary circumstances where you require a carer to attend your appointment please let our helpful reception staff know prior to arrival.
- Our on –site Car Parking is now **ONLY for Staff & people who have a Disabled Car sticker**. Special dispensation may be requested prior to your appointment
- **We continue to ask you to wear a mask** while being treated at Sydney Spine & Pelvis Centre. Your physio will also wear a mask during your treatment.
- On entering the building your temperature will be taken and recorded in your notes.
- Please then use our hand sanitiser or you may wash your hands if you prefer (for 20 seconds).
- You are now able to wait for your appointment in either the front reception or back gym area (as long as a class is not running in the Gym). Please now use our **Front door for access** unless you require flat /disabled access (e.g for a pram /wheelchair) or you are attending a class. Social distancing is being adhered to in all practice spaces. You might like to bring something to read
- For clients attending our small group exercise classes, please continue to enter & leave via the back door to decrease congestion in reception
- Our reception is now open for you to make payments and future appointments from 8am to 6pm Mon, Tues & Thursday, and 5.30pm Wednesday and 4.30pm on Fridays.
- As always, everyone is asked to be respectful of others and use appropriate hygiene methods at all times. There are now 3 permanent Hand sanitiser stations at the front & rear entrances and in the gym plus every treatment room for your convenience. Bathrooms are cleaned regularly, as are door handles, seats & all reception surfaces
- Our physios are continuing to clean all treating surfaces after each client appointment with minimum 75% alcohol solutions, & physios are temperature checked daily & wear masks. We see our own hand hygiene as an essential part of caring for you.



Thanks for your continuing understanding and co-operation as we try to keep our environment safe for you to be treated.

Our practice is now open:

Drummoyne:

Mon, Tues, Thursday 8am - 6pm

Wednesday 8am - 5.30pm

Friday 8am - 4.30pm,

Saturdays 8.30am - 12 noon

St Leonards:

North Sydney Sports Medicine

60 Pacific Hwy

To book please call: 99664700

Jay – Monday

Barb – Wednesday

Kind regards

Barb Hungerford.

Director, SSP Physiotherapy Centre



Sydney Sine & Pelvis Physiotherapy Centre 2020

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