

COVID-19 DECEMBER UPDATE AND PRACTICE INFORMATION



The team at Sydney Spine and Pelvis Physiotherapy Centre is focused on the wellbeing and safety of all our clients and team.

Sydney Spine and Pelvis Physiotherapy will remain open however during the festive season, our hours will alter slightly. We are still maintaining strict PPE protocols during all our consultations for both staff and clients, to ensure that all clients that come to our practice knows they are safe. This includes, physios and clients wearing masks at all times, and regular disinfection of common areas. We are also contacting clients from known hotspots, and providing flexibility around rescheduling appointments.



We are also excited to let you know our altered operating hours over the festive season:

Thursday 24th December: 8:00am -12:00pm (A few appointments still available)

Tuesday 29th and Wednesday 30th December 2020: 8:00am – 1:00pm

From Monday the 4th of January:

Monday to Friday: 8:00am – 5:00pm

Saturday: 8:00am – 12:00pm

Practice

Patients attending SSP Drummoyne for an appointment will be asked to follow a strict protocol to enter the practice to maintain the strict sterile environment within the practice to protect staff and other clients. This includes Temperature checking, compulsory use of hand sanitisers and wearing a mask. Please bring your own mask to each appointment. All treatment and payment surfaces, bathrooms and door handles are being sanitised between each session. Your physio will be wearing appropriate PPE

All our team will sanitise and wash their hands before and after each interaction.

To Assist with Social Distancing

We are asking patients to assist with social distancing and to therefore attend no more than 1-2 minutes prior to their appointment and come to the rear entrance so we can begin the entrance protocol

We are also asking that each patient arrives on their own as additional people will not be permitted into the clinic unless under special circumstances, such as mums and bubs, you are welcome to call reception with any questions or concerns.

What we ask of you

If you answer yes to any of the following questions we ask that you call the practice to discuss this with us and we will happily reschedule your appointment:

- * Any recent travels to hotspots in the last 14 days.
- * If you have had any flu-like symptoms – sore throat, cough, and fever in the past week
- * If you have had any contact with a confirmed coronavirus case

We thank you for your support and assistance in ensuring that we are able to continue to focus on your wellbeing and our community in a safe and respectful way.

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Team SSP
